

## National Health Services Launches New Project for Electronic Health Records: "Clearly Part of Family Medicine's Future"

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National Health Services has developed and launched a new project in the growing sector of electronic health records. The new division is to be called "[My Healthy Lifestyle HRA](#)." The company has already made significant progress on the new company website which will provide secure access for all Internet users to something which resembles a high-tech on-line health assessment--- a.k.a. Health Risk Assessment [HRA] and a secure Personal Health Record [PHR/EHR] complete with a Family for gathering and storing important family health histories.

The new product takes advantage of the GoogleHealth on-line system, with the ability to import health information directly from GoogleHealth, Google's on-line health compendium. The results may be accessed by user's approved medical health professionals or kept completely private.

One consultant who viewed the project commented, "The future of health care reform is going to be about electronic security and information assessment. The days of seeing Beaver and Wally go to the little town doctor for cheap health care are long gone. Health care reform is going to happen, and it happen with technology. National Health Services has technology solutions that could be the key part for the future of health care reform, to help bring affordable health care to everyone. Self screening can be used to help detect and prevent problems early... this is here to stay and it's only a matter of time before the industry embraces the new technology."

Health Risk Assessments [HRA's] are the standard evaluation tool used in every wellness program to both identify any current health issues and are used to gauge progress for individuals while participating in a wellness plan. An Electronic Health Record (EHR) is an electronic version of a patients medical history, that is maintained by the provider over time, and may include all of the key administrative clinical data relevant to that persons care under a particular provider, including demographics, progress notes, problems, medications, vital signs, past medical history, immunizations, laboratory data and radiology reports. EHRs are the inevitable next step in the continued progress of health care that can strengthen the relationship between patients and clinicians. The data, and the timeliness and availability of it, will enable providers to make better decisions and provide better care. According to an article published by William Ventres, MD, MA, Sarah Kooienga, FNP, and Ryan Marlin, MD, MPH, all members of the American Academy of Family Physicians [AAFP], "Electronic Health Records are clearly part of family medicine's future."

Elizabeth Gannon, President & CEO of National Health Services commented, "The EHR/PHR is here to stay and it's only going to become more and more popular."

### About My Healthy Lifestyle®

My Healthy Lifestyle® is the health care industry trusted trademark for the ultimate all-inclusive discount buying club for Health & Lifestyle and e-Health & Wellness portal. My Healthy Lifestyle® provides modestly priced custom turn key Wellness Solutions for Employers which can be easily be populated with their choice of services and content, and integrated into a custom branded website. We deliver portal access and functionality that is simple to implement, centrally administered and professionally managed. Like all of the new My Healthy Lifestyle® projects, the new web site will provide access to the consumer e-health portal at [www.MyHealthyLifestyle.com](http://www.MyHealthyLifestyle.com) where users gain access to valuable wellness information, tools, forums, community, and even savings through a buying club.